

VIENNA WINE



SEPTEMBER  **2019**

Fun Fact about Vienna

Vienna's Rehab

It's not a secret that Vienna's rehab is top notch. It's one of the things our families love most! That's why we wanted to give you a little back story about this awesome addition to Vienna.

Vienna's gym was built in 2011. It's 3,000 sq.ft. and the largest gym in our region by a landslide. There's so many things about our gym that are unique to Vienna, like our specialized therapy rooms, outdoor texture path, and quiet outpatient and pain management rooms and more. Plus all of the usual amenities you find in any other gym.

Long time Lodi residents might notice the gym is in a familiar spot. The gym used to be doctors offices. It was the original Hoff's office, Dr. Mullen's office, and .

Our owners saw a need for better rehab in Lodi, so as the doctors retired and their offices opened up, Vienna purchased that space and got to work on their dream rehab center.

Since it's grand opening in 2011, we've continued to add new features to keep serving patients better. One of the joys of having a privately owned company like Vienna, is when the owner gets an idea of how to do something better, he can fly with it!

Next time you're in the gym, check it out and appreciate that you're not only in one of the best gyms in the area, you're in one of the best skilled nursing gyms in the state!

August Recap

Last month at Vienna...



We celebrated August birthdays with this Western themed party!



We received an award for our outstanding safety record. Vienna is one of the safest places in our industry to work, which is a win for staff and a win for families!



Our "Serving Smiles" team made lunch and fed people at Salvation Army

Get to Know Emily Denham, Director of Social Services



Q: How long have you been at Vienna?

A: Six years this September.

Q: How long have you been a social worker?

A: If you include internships, it's been 18 years.

Q: What did you do before Vienna?

A: I did therapy with kids through county mental health and I worked at Lodi Memorial Hospital. I was ready for new challenges and grow in my career and was offered a position here at Vienna.

Q: What's your favorite part of your job?

A: Connecting with the families and getting to spend more time with them and bringing a bright life to their lives.

Q: What's something you wish more families knew?

A: I'm convinced everybody should read the book "Being Mortal" by Dr. Atul Gawande. It's hard to explain because it covers so much, but it's from his view as a physician dealing with aging relatives. It goes through involving patients in difficult discussion and what the patients expectation and what can be done.

Q: How much coffee do you drink ?

A: Probably 2 to 3 cups. I don't start talking to people until I've had a few sips of coffee, haha

Q: What are you most proud of?

A: My proudest achievement is my 24 year old daughter who just graduated with her Masters Degree. Her Bachelor's in Kinesiology and her Masters is Kinesiology with an emphasis in Integrated Wellness.

Peanut Butter & Jelly Popcorn



Ingredients

- 8 cups popped popcorn (I popped about 1/4 cup kernels for this small batch)
- 1 cup white chocolate, divided
- 1 1/2 tbsp. Welch's Natural Grape Jelly Spread
- 1 tbsp. peanut butter

Directions:

1. Divide Popcorn into two separate bowls.
2. Over medium low heat on the stove top, melt 1/2 cup white chocolate with 1 tbsp. peanut butter. Stir until smooth. Pour over 1 bowl of the popcorn. Use a rubber spatula to mix well and coat thoroughly. Spread out on a silicon mat or parchment paper to let cool.
3. Meanwhile, melt the remaining 1/2 cup white chocolate with 1 1/2 tbsp grape jelly over medium low heat on the stove top. Stir until smooth. Pour over the other bowl of popcorn, and stir with rubber spatula to coat well. Spread out on silicon mat or parchment paper to let cool.
4. Once both batches of popcorn are cooled enough that the coatings are set, mix them both together in a bowl and serve!

Recipe & photo from www.SomethingSwanky.com



According to Jim

My wife, Jan, once gave me some magazines of variety word puzzles. I worked on them all, but some were my favorites, and I saved them until last. Then I realized I could order books of the puzzles I'd come to love. Such a simple insight, yet it made so much difference. It was like the feeling I had after long months of not understanding anything that was said to me. All I needed was a pencil and a pad to communicate.

I had a friend who'd been deaf since birth. I noticed that he had no interest in T.V. That really didn't make sense to me until I found that in a silent world, TV without sound is meaningless. Then closed captioning was given to me, and I could enjoy TV again.

I've been a gamer most of my life. When electronic games came along, I read about them and played them, constantly awed by their advancements. The games became my passion. When my health went bad, though, I had to give up the consoles. It seemed that such games were among the things I'd left behind, only a fond memory. Then Mari, Jan's daughter, gave me a hand-held gaming system. It was wonderful to me, a gift I never expected.

The games and puzzles carried me for a long time, and then Jeri, Jan's sister, and her husband gave me an iPad. It's beyond anything I ever imagined. As I told Jeri, I feel like a time traveler that's gone twenty years in the future. No buttons to push on a small device that answers to touch. I've been having fun with the games and learning the basics, but I know it can do so much more, and that's exciting.

Last month, I wrote about "The Changers." All too often, we're only aware of them when something bad happens. I look back on the progression of the gifts that have become such a part of my life, and I know the changers had a part in it. Sometimes, they bring good things.

I felt their presence recently, a sense of that my life would take a new direction soon. On a Friday morning, I got a warm letter from Jan. That afternoon, I got a note from Jeri saying she was bringing me an iPad. Then I had a visit from Randall, Vienna's resident counselor, with his patient questioning. It all seemed to confirm my feelings over the weekend. I put my thoughts on change in writing. It seemed a part of some process. I don't know where it's headed, but I've come to trust that it's for the good.

I've come to see my life as a stream, sometimes churning rapids, sometimes lone, quiet stretches where nothing seems to be happening. It's always moving. Carrying me to someplace I've never been. The friends I've known are stones in the bed rocks of the stream. They've joined my days for a time, and we've each been enriched by being with the other. When they move on, nothing is lost. I've known them before, and I'll meet them again.

Looking back on my life, I realize that "The Changers" have always been there, nudging me in new directions., erasing the old. Through the hard times and the good, they've been present, and I see the same patterns as gifts I've been given, leading me to a deeper understanding. Like many, I've wished there was much I hadn't done. Now I wonder if anything were taken out, would I have come to who I am.

All my best,

Jim



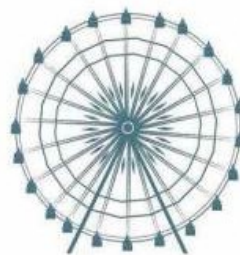
Vienna's Mission

Vienna is committed to excellence in nursing care and rehabilitation. We create a quality, caring environment that provides:

- *A dignified lifestyle for our residents*
- *Attentive therapy for our patients*
- *A supportive atmosphere for our employees to excel*

We are here to offer families responsive, compassionate and supportive services.

Lodi Grape Festival Friday, September 13th



Transportation to the Grape Festival through Lodi Dial-a-Ride is full! 23 families have RSVP'd for their seats on Dial-a-Ride. If you are not one those families, and you would like your loved one to go to the Grape Festival this year, you are in charge of transportation. Please check with Ester De Santiago in Activities if you have any questions. Thank you for your understanding!



New Residents

Benjamin Campbell	August	3
James Forrester	August	8
Joan Dillon	August	13
Lola Rankin	August	13
Ellsworth Dillon	August	14
Raymond Engel	August	15
Laura Vessels	August	16
Clark Trieber	August	17
Janice Handel	August	18
Ronald Hester	August	19
Joann Marsau	August	20
Donald Gibson	August	27

Resident Birthdays

Jean Geigle	September	4
Virginia Rall	September	4
Enrique Cobarrubio	September	6
Olive Turner	September	10
Noreen Gallagher	September	10
Clora Greene	September	12
Kurby Frey	September	15
Lela Henne	September	20
Roy Platt	September	28
Beverley Shanks	September	29

Employee Birthdays

Jhoanna Gines	September	1
Ana Martinez	September	1
Brian Espera	September	9
William Davis	September	10
Norma Nolasco	September	12
Teresa Stocker	September	12
Juvelyn Taylor	September	15
Alison Plines	September	18
Melanie Brown	September	21
Marcelia Corpuz	September	24
Maria Torres	September	26

R

New Employees

Recheal Lansangan	August	9
Maricel Salud	August	9
Michelle Silva	August	9

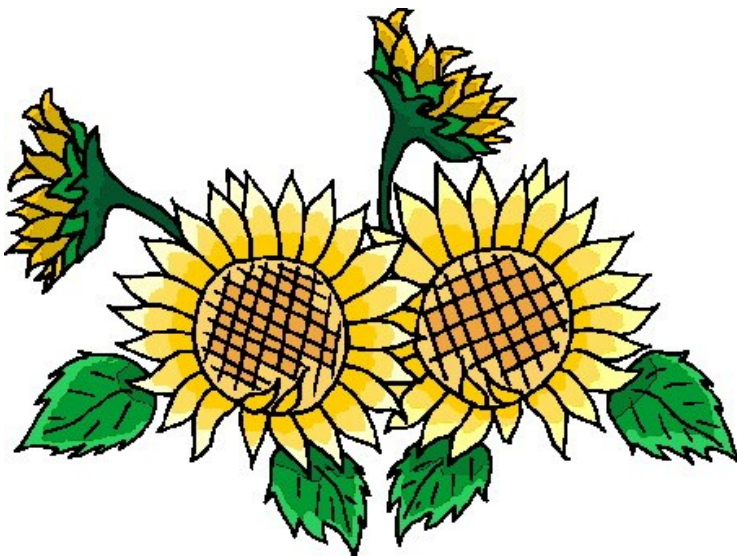
Beauty Shop Info



Manicures & Haircuts on Mondays
Perms/Color on Tuesday Morning
~Sets on Wed. Thur. & Friday

As a Reminder, please contact
Beauty Shop if an appointment
can not be kept.

Thank you,
Dianne & Kristine
*If you haven't visited the new beauty
shop, ask for a tour!*

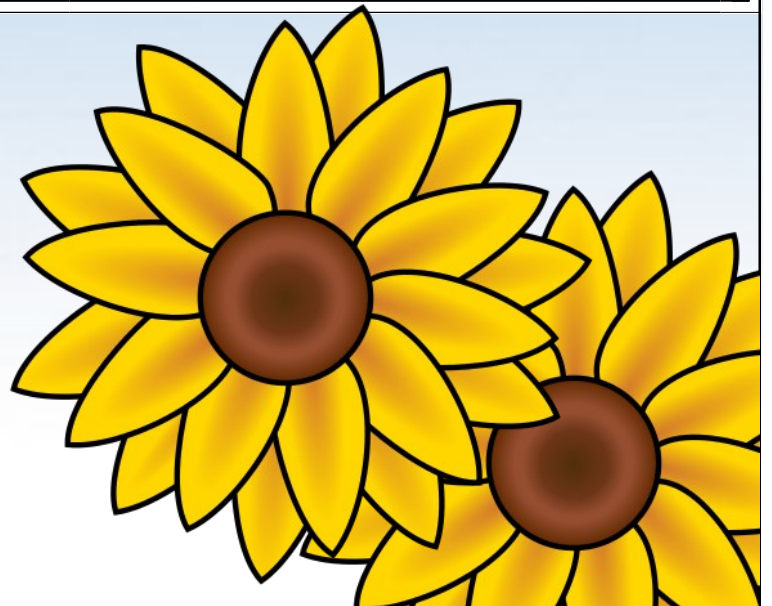


Administrative Staff


Administrator	Corey Wright
Director of Nurses	Roxan Vincent
Office Manager	Alison Plines
Medical Records	Brittany Ortegel
Social Services	Emily Denham & Lisa Reich (asst.)
Director of Staff Development	Ida Ventura
Dietary Supervisor	Al Loza
Accounting	Teresa Stocker
Laundry/Housekeeping Supervisor	Linda Araiza
Maintenance	Roger Perez
Activity Director	Ester De Santiago
Quality Assurance Nurse/Case Manager	Mary Scott
MDS Coordinators	Alfie Donato, Doris Talens, & Hazel
Rehabilitation Director	Kristi Passey
Director of Sales & Marketing, & Public Relations	Jamie Henderson - Vilinskas
Admissions Coordinator	Juanita Riberal
Beauty Operators	Kristine Meissner & Diane Landon
Receptionists	Estefani Mejia & Michele Quismondo
Ward Clerk	Julia Chacon

The "Vienna Vine" is written, compiled, edited and designed by Jamie Vilinskas & Ester de Santiago

Vienna Nursing & Rehab. Center
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(209) 368-7141 (209) 368-2163 Fax



Activity Calendar Vienna Nursing & Rehab Center **September 2019**

SUN	MON	TUE	WED	THUR	FRI	SAT		
1 9:30 MOVIE CLASSICS 9:45 TABLE TOPICS 2:00 GRAPE ART 3:15 ONE TO ONE - I	2 10:00 CATHOLIC COMMUNION 10:15 LENDING LIBRARY 1:30 GABBY VISITS 2:00 ADVENTURES with AMELIA BEDELIA 3:15 ONE TO ONE - I	3 9:45 BOWLING 10:00 ROOM VISITS - I 10:15 WORD GAMES 2:00 BINGO! 3:15 ONE TO ONE - I	4 9:30 LENDING LIBRARY 9:45 MORNING STRETCH 10:15 WORD GAMES 2:00 ART CLASS: ALPHABET COLLAGES 3:15 ONE TO ONE - I	5 9:30 MOVIE CLASSICS 9:45 ART CLASS: DRY BEAN ART 10:15 ROOM VISITS 2:00 FALL WREATHS 6:30 EVENING BINGO!	6 9:30 LENDING LIBRARY 9:45 PIANO MUSIC W/ <i>Margaret De Board</i> 10:00 CAFECITO 10:15 BIBLE TRIVIA 2:00 BINGO! 3:15 ONE TO ONE - I	7 9:45 MORNING DEVOTIONAL 2:00 APPLE TASTING 3:15 ONE TO ONE - I		
8 9:30 MOVIE CLASSICS 9:45 TABLE TOPICS 2:00 FIRST MISSIONARY BAPTIST CHURCH 3:15 ONE TO ONE - I	9 9:30 LENDING LIBRARY 9:45 MORNING STRETCH 10:15 WORD GAMES 1:30 GABBY VISITS 2:00 ADVENTURES with AMELIA BEDELIA 3:15 ONE TO ONE - I	10 9:45 PARACHUTE 10:00 ROOM VISITS - I 10:15 TRIVIA 2:00 BINGO! 3:15 ONE TO ONE - I	11 9:30 BEAUTY SHOP PHOTO SHOOT 9:45 MORNING STRETCH 10:15 WORD GAMES 2:00 MR. NEVIS' 5TH GRADERS VISIT & (Salvation Army) 3:15 ONE TO ONE - I	12 9:30 MOVIE CLASSICS 9:45 ART CLASS: DRY BEAN ART 10:15 ROOM VISITS 2:00 GRANDPARENTS' DAY CELEBRATION 3:15 ONE TO ONE - I	13 9:30 LENDING LIBRARY 9:45 GET UP AND MOVE 10:15 BIBLE TRIVIA 12:00 - 3:00 pm 82nd Annual Grape Festival & Harvest	14 9:30 LENDING LIBRARY 9:45 MORNING DEVOTIONAL 2:30 LOCKEFORD SDA SINGERS 3:15 ONE TO ONE - I		
15 9:30 MOVIE CLASSICS 9:45 TABLE TOPICS 10:00 ROOM VISITS - I 2:00 NACHOS ON THE PATIO 3:15 ONE TO ONE - I	16 10:00 CATHOLIC MASS 10:15 LENDING LIBRARY 1:30 GABBY VISITS 2:00 RESIDENT COUNCIL 3:15 ONE TO ONE - I	17 9:45 CORNHOLE 10:00 ROOM VISITS - I 10:15 WORD GAMES 2:00 BINGO! 3:15 ONE TO ONE - I	18 9:30 LENDING LIBRARY 9:45 MORNING STRETCH 10:00 SALVATION ARMY 2:00 ICE CREAM SOCIAL GRAPE FLOATS 3:15 ONE TO ONE - I	19 9:30 SERVING SMILES 10:45 OUTING TO HOPE HARBOR 2:00 MEN'S GROUP & LADIES CORNER 3:15 ONE TO ONE - I	20 9:45 LODI AVENUE BAPTIST CHURCH 10:15 BIBLE TRIVIA 2:00 BINGO! 3:15 ONE TO ONE - I	21 9:30 LENDING LIBRARY 9:45 MORNING DEVOTIONAL 2:00 MOVIE & SNACKS: RESIDENT'S CHOICE 3:15 BEDSIDE TREATS - I		
22 9:45 TABLE TOPICS 10:00 ROOM VISITS - I 2:00 RESIDENTS RIGHTS BINGO! 3:15 ONE TO ONE - I	23 10:00 MORNING STRETCH 10:15 LENDING LIBRARY 1:30 GABBY VISITS 2:00 ADVENTURES with AMELIA BEDELIA 3:15 ONE TO ONE - I	24 9:45 BALLOON VOLLEY 10:00 ROOM VISITS - I 10:15 FINISH the PHRASE 2:00 BINGO! 3:15 ONE TO ONE - I	25 9:30 LENDING LIBRARY 9:45 MORNING STRETCH 10:15 WORD GAMES 2:00 SEPTEMBER BIRTHDAY PARTY/W/NICK JONES 3:15 ONE TO ONE - I	26 9:30 MOVIE CLASSICS 9:45 ART CLASS: DRY BEAN ART 10:15 ROOM VISITS 2:00 BUNKO! 3:15 ONE TO ONE - I	27 9:30 LENDING LIBRARY 9:45 GET UP AND MOVE 10:15 BIBLE TRIVIA 2:00 BINGO! 3:15 ONE TO ONE - I	28 9:30 LENDING LIBRARY 9:45 MORNING DEVOTIONAL 2:30 LOCKEFORD SDA SINGERS 3:15 ONE TO ONE - I		
29 9:45 TABLE TOPICS 10:00 ROOM VISITS - I 2:00 LEAF ART 3:15 ONE TO ONE - I	30 10:00 CATHOLIC ROSARY 10:15 LENDING LIBRARY 1:30 GABBY VISITS 2:00 ADVENTURES with AMELIA BEDELIA 3:15 ONE TO ONE - I	 <p>Activities are held in the main dining room unless otherwise posted.</p> <p>I- In Room O - Outdoors P -Pets D- Back Dining Room</p> <p>Activities are Subject to Change</p>					