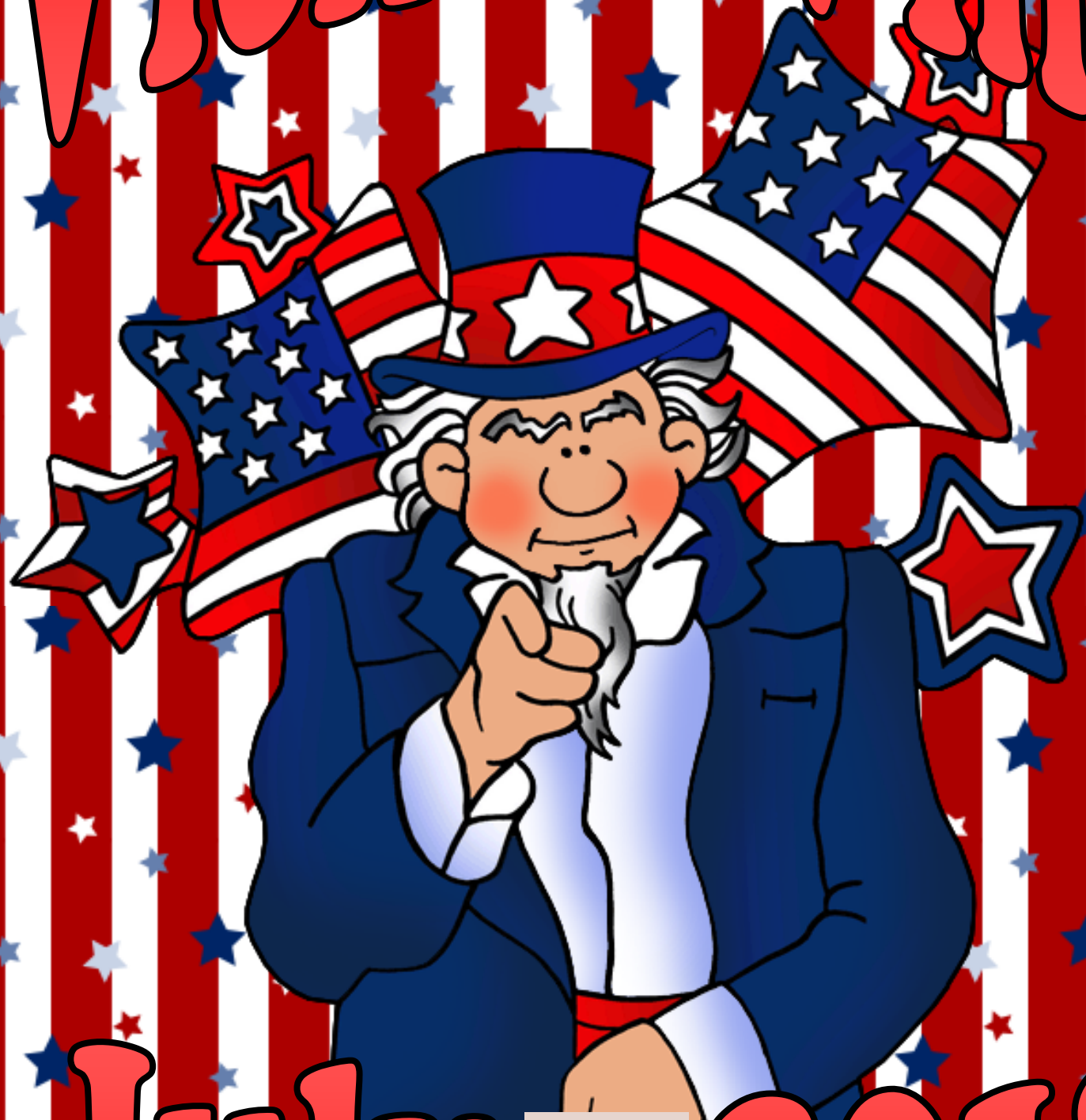


# Vienna Vine



# July 2018



# America the Great June Recap

1. The largest air force in the world is the U.S. Air Force. The world's second-largest air force is the U.S. Navy and Marine Corps combined.



2. According to the World Giving Index, Americans are the most likely people in world to help a stranger.



3. The day Congress voted us free from British rule is July 2, 1776. July 4 is just when John Hancock put the first signature on the Declaration of Independence.



4. Americans eat about 100 acres of pizza each day, with about 3 billion pizzas sold annually.



5. Our flag was designed by a high school student. Heft scored a B-.



6. The United States has the largest economy in the world. The nation's economy accounts for about 25% of the world's nominal GDP (California being the state with the largest economy, ranking above most countries).



## Vienna's life & news last month!

### Nat. Donut Day

**June 1**

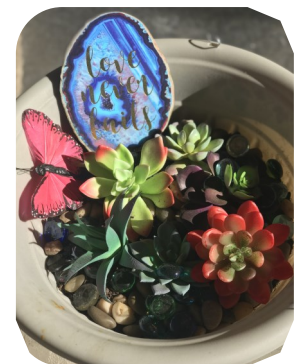
You "donut" know how much we love you! This is always a fun day to celebrate.



### Garden Week

**June 11-15**

We celebrated nature by planted a few succulents and placed them on the patio.



### Annual Lodi Lake BBQ

**June 21**

This day is always special. Residents and families enjoyed a fun day by the lake with BBQ and a trip through the Nature Trail.



### Beach Party

**June 27**

Vienna celebrated our favorite time of the year, Summer. We brought the beach to us!





# Chicken & Waffles



## Ingredients

- 2 large eggs, lightly beaten
- 1 stick unsalted butter, melted and cooled, plus more, room temperature, for serving
- 2 1/2 teaspoons baking powder
- Kosher salt and freshly ground pepper
- 4 thick chicken cutlets (about 1 pound total), patted dry
- 3 cups low-fat buttermilk
- 3 cups unbleached all-purpose flour
- 1/2 teaspoon baking soda
- 1 cup safflower oil, plus more for brushing
- Pure maple syrup and hot sauce for serving

## Directions

1. Whisk together eggs, 2 cups buttermilk, and butter.
2. In another bowl, whisk together flour, baking powder, baking soda, and 3/4 teaspoon salt.
3. Transfer 1 cup flour mixture to a shallow bowl; fold rest into wet ingredients.
4. Preheat a Belgian-waffle iron; brush with oil. Pour in 1 cup batter; spread, leaving a 1/2-inch border. Cook until golden brown, 8 to 10 minutes. Repeat with remaining batter.
5. Heat oil in a large skillet over medium-high. Season chicken with salt and pepper; dredge in reserved flour mixture. Shake off excess. Dip in remaining 1 cup buttermilk, then again in flour; repeat.
6. Cook in batches until golden brown, 1 to 2 minutes a side.
7. Transfer to a plate and serve, with waffles, butter, syrup, and hot sauce.

*Recipe courtesy of [www.MarthaStewart.com](http://www.MarthaStewart.com)*

## What About Chicken & Waffles?

Each month, residents have the opportunity to explore the culture of different countries through the "Passport Program." In honor of Independence Day, this July we're focusing on America. And what is one of everyone's favorite uniquely American dishes? Chicken and Waffles!

This unlikely sweet and savory combination has actually been around in America for quite awhile. The earliest known chicken and waffles combination comes from the 1600's in Pennsylvania Dutch country, but it looked a lot different than the dish we know and love today. In 1938, in Harlem, New York, the restaurant "Wells" became a late night hotspot for jazz musicians. They would stop by late at night after their various gigs, too late for dinner but too early for breakfast, so Wells cooked them up a compromise of fried chicken and waffles. Wells started a nationwide trend and in 1976 Roscoe's House of Chicken and Waffles opened in L.A. Over the years more places have joined and the delicious trend continues to delight hungry patrons across the US.

[www.PBS.org](http://www.PBS.org)

# National Ice Cream Day

The 3rd Sunday of July is recognized as National Ice Cream Day. We can thank Kentucky Senator Walter Dee Huddleston of sponsoring this joint resolution back in 1984. It was signed into public law by President Ronald Reagan that same year. Below is a list of American's favorite ice cream flavors, according to the International Dairy Foods Association. What do you think?



1. Vanilla
2. Chocolate
3. Cookies n' Cream
4. Mint Chocolate Chip
5. Chocolate Chip Cookie Dough

It's believed Vanilla still reigns supreme not because people enjoy it the most on its own, but because it's so versatile it gets paired with many other desserts (think warm apple pie, root beer floats, ice cream sundaes, etc.)



# Cowboys

July 28th is National cowboy day, and that got us thinking of some of our two favorite cowboys, John Wayne and Clint Eastwood. We did a deep dive on our two favorite cowboys, enjoy these fun facts.

## John Wayne



1. John Wayne was born Marion Morrison but he never liked his name (he thought it sounded too feminine). The head of Fox studios renamed Morrison, Wayne (after a Revolutionary War general) and John (because it sounded nice)

2. He coined the term "The Big C." John Wayne had cancer twice. In 1964 he had lung cancer and had his left lung removed.

In 1979 he had stomach cancer which eventually took his life. He called cancer "The Big C" in an attempt to make it sound less scary to the public so it wouldn't harm his public image.

3. John Wayne's finally won his Oscar for his role in True Grit.
4. John Wayne wasn't only a fan of chess, he was really good at it. He often brought a miniature board around with him so he could play on set between scenes.

## Clint Eastwood



1. He was a swimming instructor in Fort Ord in Monterey Bay for the Army.

2. He was offered the role of James Bond after Sean Connery left the franchise but declined the role. He

also declined the iconic role of Superman.

3. He was the mayor of Carmel, CA from 1986-88. He can boast that he made it easier to build or renovate property in Carmel, got a tourist parking lot constructed, and added a library annex for children. He also made it legal to eat ice cream in the streets (for some reason there was a law against it).
4. Clint Eastwood's production company is named after his agent's bad advice. His agent told him appearing in Leon's trilogy would be a "bad step." Bad step in Spanish is Malpaso, so Eastwood named his production company Malpaso Productions.

# Local Lodi Facts: Farmers Market

One of Lodi's favorite summer traditions is the Lodi Farmers Market. Farmers Market starts mid-May and ends at the end of August. Farmers Market takes place along School Street between Elm and Lodi Avenue, and is full of fresh fruits and veggies, live music, food trucks, and local vendors with delicious goodies like hummus and olive oil. The Lodi Chamber of Commerce has been running the Farmers Market for quite a few years now and is looking



## BOTTLES & CANS



 **RECYCLE HERE** 

**Recycling Cans in Front Activity Rooms!**

**Resident Council is raising money through recycling to send packages to children in need at Christmas.**



# New Residents

Willa Miller	June	1
Eleanor Maier	June	5
Annette Curtis	June	7
Beverly Rider	June	13
Frank Alegre	June	14
Kathryn Barstow	June	14
Delores Haze	June	15
Clara Maria	June	15
Barbara Cleland	June	18
Doris McCaughna	June	19
Marilynn Ginn	June	20
Patty Hickey	June	25
Donald Leonard	June	25
Sally Kendrick	June	25

# Resident Birthdays

James Hayes	July	8
Lloyd Owens	July	14
Zella Lee	July	22
Fern Miner	July	23
Irene Anderson	July	25
Maria "Lupe" Vargas	July	26
Mercedes Ehlers	July	28
Pat Robison	July	28
Mildred Gums	July	30

# Employee Birthdays

Rut Duran	July	1
Sheena Lerma	July	1
Linda Araiza	July	2
Gemma Purdy	July	6
Hazel Grijalva	July	9
Maurine Sistona	July	11
Donna Navarte	July	13
Davy Pot	July	16
Vilma Magallanes	July	17
Alfie Donato	July	19
Martha Valenzuela	July	20
Roberta Oberle	July	24
Ernesto Palomares	July	29

# New Employees

Lupe Salgado	June	5
Alyssa Casillas	June	5
Sophia Gonzales	June	5
Amanda Cassidy	June	5



**Attention all staff, residents  
and visitors**  
**On Wednesday, July 4th  
at 9:00 pm**  
**in the back parking lot**  
**we are having our very own**  
**Independence Day Celebration!**  
**Come enjoy the fireworks!**



## Beauty Shop Info

**Manicures & Haircuts on Mondays**  
**Perms/Color on Tuesday Mornings**  
**Perms on Tuesday Afternoons**

~Sets on Wed. Thurs. & Fridays.  
As a Render, please contact  
Beauty Shop if an appointment  
can not be kept.  
Thank you,  
*Dianne & Kristine*

# Administrative Staff

**Administrator**

**Corey Wright**

**Director of Nurses**

**Roxan Vincent**

**Office Manager**

**Alison Plines**

**Medical Records**

**Brittany Ortegel**

**Social Services**

**Emily Denham & Brittany Smith**

**Director of Staff Development**

**Ida Ventura**

**Dietary Supervisor**

**Al Loza**

**Accounting**

**Teresa Stocker**

**Laundry/Housekeeping Supervisor**

**Linda Araiza**

**Maintenance**

**Roger Perez**

**Activity Director**

**Ester De Santiago**

**Quality Assurance Nurse/Case Manager**

**Mary Scott**

**MDS Coordinators**

**Alfie Donato, Doris Talens & Hazel**

**Rehabilitation Director**

**Kristi Passey**

**Marketing Director & Business Development**

**Jamie Henderson Vilinskas**

**Admissions Coordinator**

**Juanita Riberal**

**Beauty Operators**

**Kristine Meissner & Dianne Landon**

**Receptionists**

**Julia Chacon & Estefani Mejia**

The "Vienna Vine" is written, compiled, edited and designed by Jamie Vilinskas & Ester De Santiago

**Vienna Nursing & Rehab. Center**

**800 S. Ham Lane**

**Lodi, CA 95242**

**(209) 368-7141 (209) 368-2163 Fax**

# Activity Calendar Vienna Nursing & Rehab Center July 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
<b>1</b> 8:00 ROUND TABLE 9:30 MOVIE CLASSICS 9:45 NEWS & VIEWS <b>2:00 WOULD YOU RATHER?</b> 3:15 ONE TO ONE - I	<b>2</b> <b>10:00 CATHOLIC COMMUNION</b> 10:15 LENDING LIBRARY 1:30 GABBY VISITS 2:00 SHUFFLEBOARD 3:15 ONE TO ONE - I	<b>3</b> 9:45 BOWLING 10:00 DISCOVERY 10:15 WORD GAMES <b>2:00 BINGO!</b> 3:15 ONE TO ONE - I	<b>4</b> 9:30 LENDING LIBRARY <b>10:00 SALVATION ARMY</b> 10:15 ROOM VISITS <b>2:00 4th OF JULY CELEBRATION</b> <b>9:00 FIREWORKS!</b>	<b>5</b> 9:30 LENDING LIBRARY 9:45 GET UP & MOVE 10:15 WORD GAMES <b>2:00 BUNGO!</b> 3:15 ONE TO ONE - I	<b>6 CASUAL FRIDAY</b> 9:30 LENDING LIBRARY 9:45 PIANO MUSIC W/ <i>Margaret De Board</i> 10:45 ORGAN CONCERT <b>2:00 BINGO</b> 3:15 ONE TO ONE - I	<b>7</b> 9:30 MOVIE IN ROOM 9:45 MORNING DEVOTIONAL 2:30 LOCKEFORD SDA SERVICES 3:15 ONE TO ONE - I	
<b>8</b> 9:00 ROUND TABLE 9:30 MOVIE CLASSICS 9:45 NEWS & VIEWS <b>2:00 First Missionary Baptist Church Service</b> 3:15 ONE TO ONE - I	<b>9</b> 9:45 MORNING STRETCH 10:15 WORD GAMES 1:30 GABBY VISITS 2:00 SHUFFLEBOARD 3:15 ONE TO ONE - I	<b>10</b> 9:15 GET UP & MOVE TO ZUMBA 10:00 DISCOVERY 10:15 WORD GAMES <b>2:00 BINGO!</b> 3:15 ONE TO ONE - I	<b>11</b> 9:45 GET UP & MOVE 10:00 WORD GAMES <b>2:00 WATERMELON FEED ON THE PATIO</b> 3:15 ONE TO ONE - I	<b>12</b> 9:30 MOVIE CLASSICS 9:45 PARACHUTE 10:15 WORD GAMES <b>2:00 ICE CREAM SOCIAL</b> 3:15 ONE TO ONE - I <b>6:30 EVENING BINGO!</b>	<b>13</b> 9:30 MORING STRETCH 10:00 ORGAN CONCERT W/ <i>Allen</i> <b>2:00 BINGO!</b> 3:15 ONE TO ONE - I	<b>14</b> 9:30 MOVIE IN ROOM 9:45 MORNING DEVOTIONAL <b>2:00 LODI ROCKS: PAINTING CLASS</b> 3:15 ONE TO ONE - I	
<b>15</b> 8:00 ROUND TABLE 9:30 MOVIE CLASSICS 9:45 NEWS & VIEWS <b>2:00 POPSCICLES ON THE PATIO</b> 3:15 ONE TO ONE - I	<b>16</b> <b>10:00 CATHOLIC MASS</b> 10:00 LENDING LIBRARY 1:30 GABBY VISITS <b>2:00 Resident COUNCIL</b> 3:15 ONE TO ONE - I	<b>17</b> 9:45 BEAN BAG TWISTER 10:00 DISCOVERY 10:15 WORD GAMES <b>2:00 BINGO!</b> 3:15 ONE TO ONE - I	<b>18</b> 9:30 LENDING LIBRARY <b>10:00 SALVATION ARMY</b> 10:15 ROOM VISITS <b>2:00 CRAFTS: WATER BOTTLE BANKS</b> 3:15 ONE TO ONE - I	<b>19</b> 9:30 MOVIE CLASSICS 9:45 PARACHUTE 10:15 WORD GAMES <b>2:00 PASSPORT Party: UNITED STATES</b> <b>6:30 COOKING CLASS: SHRIMP COCKTAIL</b>	<b>20</b> 9:30 LENDING LIBRARY <b>10:00 LODI AVENUE BAPTIST CHURCH</b> 11:00 ORGAN CONCERT <b>2:00 BINGO!</b> 3:15 ONE TO ONE - I	<b>21</b> 9:30 MOVIE IN ROOM 9:45 MORNING DEVOTIONAL 2:30 LOCKEFORD SDA SINGERS 3:15 ONE TO ONE - I	
<b>22</b> 9:30 MOVIE CLASSICS 9:45 NEWS & VIEWS <b>2:00 THE PRAISE SISTERS</b> 3:15 ONE TO ONE - I	<b>23</b> <b>10:00 MORNING STRETCH</b> 1:30 GABBY VISITS <b>2:00 SHUFFLEBOARD</b> 3:15 ONE TO ONE - I	<b>24</b> 9:15 GET UP & MOVE TO ZUMBA 10:00 DISCOVERY 10:15 WORD GAMES <b>2:00 BINGO!</b>	<b>25</b> 9:45 GET UP & MOVE 10:00 CROSSWORDS <b>2:00 CHRISTMAS IN JULY</b> 3:15 ONE TO ONE - I	<b>26</b> 9:45 BOUNCERSICE 10:15 WORD GAMES <b>2:00 JULY B-DAY PARTY</b> 3:15 ONE TO ONE - I	<b>27</b> 9:30 LENDING LIBRARY 9:45 GET UP & MOVE 10:15 BIBLE TRIVIA 10:45 ORGAN CONCERT <b>2:00 BINGO!</b> 3:15 ONE TO ONE - I	<b>28</b> 9:45 MORNING DEVOTIONAL <b>2:00 Movie &amp; Popcorn: "SEABISCUIT"</b> 3:15 BEDSIDE TREATS	
<b>29</b> 9:30 MOVIE CLASSICS 9:45 NEWS & VIEWS <b>2:00 SUNDAY BINGO!</b> 3:15 ONE TO ONE - I	<b>30</b> <b>10:00 CATHOLIC ROSARY</b> 1:30 GABBY VISITS <b>2:00 SHUFFLEBOARD</b> 3:15 ONE TO ONE - I	<b>31</b> 9:45 BOUNCERSICE 10:00 DISCOVERY 10:15 WORD GAMES <b>2:00 BINGO!</b> 3:15 ONE TO ONE - I				Activities are held in the main dining room unless otherwise posted. I- In room O- Outdoors P- pets BD-Back dining room MOVIES IN ROOM Ch. 37	
							